

January / February 2018



First Place at the  
Dave Doo Photographic Competition 2017  
**Graham Ross (SEG's IMG)**  
"Over the hills"

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**Spotlight** – Magazine of the Essex CTC MG, a local Member Group of Cycling UK (formerly the Cyclists' Touring Club), the national cyclists' organisation

President: Dave Rowlands

Volume 1/2018se54

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**Price per annum: £6.00, inc. p&p**

Please consider paying through the bank:

<u>Account Name:</u>	Essex CTC Member Group	<u>Account No:</u>	6554 2231
<u>Reference:</u>	SPLTSUBS	<u>Sort Code:</u>	08-92-99

Closing date for the March / April 2018 edition is on **15 February 2018**.

The Editor reserves the right to edit contributions for reasons of space, clarity or libel.

## Officers of the Essex CTC MG - we are serving you ...

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### **Member Group Representatives** (for more information see member group details)

Chelmsford	Adrian Leeds	☎ 01245 260272	Secretary
	Brian Taylor	☎ 01277 657867	Delegate
Colchester	Alan Palmer	☎ 01206 792929	Secretary
	Pam Nelson	☎ 07812 209862	Delegate
Havering	Dave Rowlands	☎ 020 3663 4345	Secretary
	Alex Kornfeld	alexkornfeld@me.com	Delegate
South East Essex	John Steer	☎ 01702 529638	Secretary
	Jon Collins	☎ 01245 320733	Delegate

### **Other Committee members**

EDARF - Liaison	John Davis	edarf@essexcycling.co.uk
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### **Certificate of Merit Committee**

Brian Penny, John Steer, Martin Cockersole

### **Essex CTC MG Trustees**

Stefan Eichenseher, John Steer, Brian Penny

## ***Editor's Foreword***

Survived Christmas with all its scrumptious meals, time to get out and ride the excess off. A bit cold in places, some places a bit white, too. And last not least: a whole list of events missing from this year's proposed calendar (see p.11). For those who were not at the AGM, a tiny notice refers to volunteering for organising and marshalling events. As in the previous years there was a "Plea for Volunteers" in the Spotlight, this time there is just the recognition that the older generation have had their times and younger ones are evidently not forthcoming. This was not the only issue: fewer attendees and even less cross-section (= cross member group) support made certain events not viable.

Within the committee we discussed thus to ditch a few events, in the hope that missing out on these might inspire someone to ask for them back, or be encouraged to organise one or two.

Fewer events = less income = less extravagant AGM's. Eighteen were indulging in a buffet for 30 last November. The next one will be a tea/coffee and 11ses version.

Together with joining other Member Groups on their Sunday runs, the events gave us the opportunity to meet and ride together with a whole bunch from other MG's. But hey-ho, maybe we meet on the few events that are left, and perhaps some will join at the car assisted rides, especially those promoted by the SEG's.

Now, Graham R is featured twice in this issue – so could you be, if you just write the little essay you were mulling over in your head on your last ride out. I'm looking forward to reading from you. ;-)

Right, so, that leaves me to say – as always – those who are fit go forth and cycle. I hope that you are all out and about and have fun on your bikes!

Your editor,  
***Stefan Eichenseher***



## ***The President's Piece***

Happy New Year everybody, I hope you all had a wonderful Christmas. Unfortunately the Essex Christmas gathering was snowed off. Let's hope the rest of the winter is kind to us and we don't get too much ice and snow!

Don't forget to spread the word about us to friends and family. Some may have found a bike under their Christmas trees. Would be nice to see them out on the road with us.

Days may be short at the moment, but it won't last forever - soon be spring.

Not much of an event programme this year, but let's make the most of the ones we've got left!

May the p\*\*\* fairy leave you alone, and the wind be behind you!

***Dave Rowlands***  
*Presidente*

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*{Fresh in from the last email before going to press: The nearest ACME events within the period of this Spotlight... Ed.}*

## ***2018 Audax Club Mid-Essex Events***



10<sup>th</sup> March: **The Horsepower** 200 and 100km.

07:30/09:00 from St Mary's Centre, Churchend, Dunmow CM6 2SJ.

The 200km ride goes via Lavenham to Snetterton Park race track, then to traditional horsepower at Newmarket; the 100km runs directly to Newmarket and back. Breakfast at the start, soup and sandwiches at the finish included in the entry fee.

14<sup>th</sup> April: **The Woodman's Daughter** 50km and **The Woodman** 100km, 09:00/10:00 from St Mary's Centre, Churchend, Dunmow.

**New for 2018:** A trip around the woods of mid-Essex at bluebell time. 50km has alternative on- and off-road routes which can be mixed and matched. Ultra-low minimum speed of 8.3kph gives 6 hours to take your time to enjoy a leisurely day out on the 50km event. Refreshments at the start and a cream tea at the finish, included in the entry fee.

Full details, entry fees and route sheets on [www.aukweb.net](http://www.aukweb.net) and [www.acme.bike](http://www.acme.bike). Entry available online [paypal] or from Tom Deakins, 31 The Causeway, Great Dunmow, Essex CM6 2AA, Tel: 07757 247727



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## **Member Groups' Reports**

### **Chelmsford Member Group**

**5th November- A taste of winter**, The cold NW wind certainly indicated what we can expect from now on.

At the start there was talk about how the latest Spotlight could be got to Adrian and I said it was easy as, we were passing his house. I then led the six other riders there. Our appearance encouraged him to meet us at elevenses.

Our ride out took us down London Hill at Galleywood, which was directly into the wind and very bracing!

Later we found our route coincided with the course of Billericay Striders 10 km Road Race. The marshals were encouraging the runners to keep to the left. A few were wandering into the middle of the road and we carefully passed them on Ingatestone Road.

At Blackmore Adrian arrived as we locked up our bikes and we found Brian T inside, so after elevenses we gained two but lost Heather.

Much of our route was into wind and I decided I had had enough resulting in cutting off a corner from what I originally intended.

At the "Fox Inn" in Matching Tye there were already a number of cyclists there. The Crest CC seemed to be having a meeting, but fortunately the eight of us found two tables available.

We all left the pub together, but after Matching Airfield we split equally into those going directly home and those going onto a tea stop at the "Snug Café".

Lights were not required to get back to Chelmsford, but unless riders are prepared to ride in the dark this was probably the last tea stop this year.

**Mel Martin**

### **Colchester Member Group**

*[Unfortunately, there were no reports available from the Colchester Informal Member Group. Ed.]*

## Havering Member Group

**October 1st** - Ten out for Allison's first go at leading. All made it to elevenses at Mucking, a little bit of rain didn't dampen spirits too much. An easy thirty miles.

**October 8th** - Kelvin in command on a dry ride to late elevenses at "The Snug", High Easter, early threeses at Blackmore. Five riders x fifty miles.

**October 29th** - Dave led eight eastwards to Dunton, then uphill to Little Burstead en route to elevenses at "Hall and Co", Ramsden Heath. Five carried on to Bicknacre pausing briefly to express our sympathies to the turkeys at Laylands Farm!

"White Elms Garden Centre" was packed and we were warned to expect a long wait for food. In spite of this we sat outside taking cover under a gazebo, as it was a bit windy! Despite the warning our food was served quite quickly and fully refuelled we set about our return. W Hanningfield, Stock & Hutton, then a nice bit of downhill from Warley. Another 56 miles in the mile bank.

**November 5th** - First cold day of the year and Kelvin led twelve out of Upminster. Alan was feeling under the weather at S Weald, so Alex went back with him. Ten carried on to a bracing elevenses outside "Delimores Café" in Ongar. Return via Stondon Massey, a nice little thirty miler.

**November 12th** - Dave led a baker's dozen on a fresh Sunday morning, unfortunately for Wai, the P..... Fairy struck twice, so she abandoned at S Weald. Twelve carried on a windy roller coaster ride to Abridge, but we were running late, so no elevenses stop. Onwards and upwards to "Ivy Chimneys", Coopersale, and lunch.

At "The Garnon Bushes" it was delicious roasts for some and iron rations in the garden for others! Return with a helpful tailwind over more ups and downs through Tawney Common and Navestock, where John W left us to get more miles in. Back home with forty miles on the clock.

**November 19th** - Dave led eight on a sunny but frosty morning to elevenses at "Delimores Café". Seven carried on to lunch in "The Rainbow and Dove", Hastingwood; lovely pub by the way.

On the return a Dave-Nav malfunction took us through North Weald instead of Bovinger. Some off-road action via Mountwood Lane got us back on track and we reached home with an hour to spare.

*continued on page 17*

# Essex Cyclists' Touring Club - Proposed Calendar for 2018

## 2 Cycling Events



Date	Event	Organiser
6 <sup>th</sup> May	Dot Sharp Memorial Ride 80km	Dave Rowlands
24 <sup>th</sup> June	Windmill Rides 110km/210km	Stefan Eichenseher

Certificates for individual cycling events  
are available on the day of the event.

## 2 Social Events



22 <sup>nd</sup> July	Summer Meet	Brian Penny
9 <sup>th</sup> Dec	Christmas Meet	Brian Penny

## 1 Photographic Competition



Entries open: 1 <sup>st</sup> Sept	Closing date: 2 <sup>nd</sup> Oct	Martin Pipe
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## ➔ Most important last (first) date of the (new) year!



4 <sup>th</sup> Nov	Essex CTC AGM	Lynda Collins
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Event and contact details will be published in the Spotlight.  
For further details on the events please see our website at  
<http://www.essexcycling.co.uk/events.htm>.

## Forthcoming Events



*Organisers: please advise me of anything you wish to be included*

Date	Event	Organiser
6 May	<b>[EMG] 80km - Dot Sharp Memorial Ride,</b> Starting 9.30am from: Mountnessing, Church Hall	Dave Rowlands 07948 583979

If not stated, please see the *Impressum* (p. 4) for organisers' contacts or  
see our website at <http://www.essexcycling.co.uk/events.htm>.

## **Essex CTC Awards and Competitions**

➤ **The Beryl Russell Best All Rounder - Female Cyclist**

➤ **The Peter Moore Best All Rounder - Male Cyclist**

The B.A.R. Award is decided on points gained from cyclists completing a range of activities between October 2017 and the end of September 2018:

- **Taking part in Essex MG Sunday rides**  
(1 point for half day, 3 points for a full day)
- **Organising Essex CTC events / competitions**  
(List of points available on the website or from your runs secretary)
- **Marshalling** (6 points per event marshalled)
- **Taking part in Essex CTC cycling events**  
(List of points available on the website or from your runs secretary)
- **Attendance at social events**  
Christmas 2017 and Summer Meet 2018 (1 point for each)
- **Writing articles for Spotlight** (3 points per article)
- **Entry in photographic competition** (1 point)

### **Spotlight Awards**

➤ **Spotlight Trophy**  
(Best Spotlight Article)

➤ **Measor Trophy**  
(Best Spotlight Runs Report)

### **Dave Doo Photographic Competition**

(see page 20 for more details)

### **Essex CTC Inter-Group Competition**

Points for Essex CTC Member Group members (Havering MG, Chelmsford IMG, Southeast IMG, and Colchester IMG) starting and successfully completing events are accumulated alongside points awarded for members organising and marshalling at events, and contributing to Spotlight.

The Member Group with the highest number of points at the end of the year is awarded the “**Essex CTC Inter-Group Challenge Shield**”.



## Chelmsford Informal Member Group – Runs List

**Contact:** Adrian Leeds

4 Oaklands Crescent, Chelmsford CM2 9PR, ☎ 01245 260272

**Runs Secretary:** John Beaumont:

5 Riddiford Drive, Chelmsford, Essex CM1 2GB, ☎ 01245 630864

**Rides Start:** Sundays: Bus Station at the end of Fairfield Road  
(near the Civic Theatre) 9am for 9.15am

All day rides start **9.15am**

For Tuesday evening destinations

call Dave Russell ☎ 01245 381055

Date	11ses	Destination	Leader
Jan 14	Rettendon, BHN Gdn Cntr	Purleigh, Bell	D Russell
Jan 17	New Year Social (WEDNESDAY)	Bricklayers Arms 7pm	M Cockersole
Jan 21	High Easter, PO	Stebbing, White Hart	A Leeds
Jan 28	Billericay, Wetherspoons	Viper, Highwood	M Cockersole
Feb 04	Dunmow, Paradise Café	Littley Green, Compasses	M Martin
Feb 11	White Roding, Bretts	Henham, The Cock	D Southin
Feb 18	Kelvedon	Maldon, Wetherspoons	A Leeds
Feb 25	Bardfield, Blue Egg	Broxted, Prince of Wales	J Beaumont
Mar 04	Tiptree, Perrywoods	Goldhanger, Chequers	M Cockersole
Mar 11	Sawbridgeworth, Shed	Moreton, Nags Head	J Beaumont
Mar 18	Blackmore, Tea Rooms	Matching Tye, Fox	A Leeds



## Havering Member Group – Runs List



**Secretary:** David Rowlands

david\_rowlands@hotmail.co.uk or ☎ 07948 583979

**Promotions Officer:** Kelvin Dane

[kelvindane@live.co.uk](mailto:kelvindane@live.co.uk) or ☎ 07922 111790

[www.essexcycling.co.uk](http://www.essexcycling.co.uk) & [www.haveringcycling.com](http://www.haveringcycling.com)

**Rides Start:** Roomes (Home & Fashion) Store, Station Road, Upminster

All rides meet 8.45 for **9am START** unless otherwise stated

Date	Destination	Leader
Jan 14	<b>[MG] 12 Noon - Christmas</b> Dinner, Venue to be Decided	Dave Rowlands - <b>No Ride</b>
Jan 21	<b>10am</b> START - To Be Decided	Joe Collins 07505 874713
Jan 28	10am START - To Be Decided	Kelvin Dane 07922 111790
Feb 04	10am START Short Ride, Beginners Welcome	Alison Hunnisett 07944 705870
Feb 11	10am START to Purfleet RSPB	Kelvin Dane
Feb 18	10am START to The Fox, Matching Green	Dave Rowlands
Feb 25	10am START to The Duck, Newney Green	Dave Rowlands
Mar 04	<b>9am</b> START Short Ride, Beginners Welcome	Wai 07956 236325
Mar 11	9am START to Rettendon	Dave Rowlands
Mar 18	9am START to High Roding	Dave Rowlands
Mar 25	9am START to Writtle 45 miles	Wai

### **Note:**

First Sunday of the month:  
Short half-day ride for those wanting a  
shorter or easier ride

The group out on a bright sunny winter's day



## Southeast Essex Informal MG – Runs List



**Contact:** John Steer

☎ 01702 529 638– [segssec@btinternet.com](mailto:segssec@btinternet.com)

**Runs start:** from the Wickford Café,  
3-5 The Broadway, Wickford SS11 7AD -  
Sundays at 9.15am for **9.30am**, unless  
otherwise stated.

**Club Nights** are the 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month  
8.00pm @ St Laurence & All Saints Church Hall,  
Eastwoodbury Lane, Eastwood, SS2 6RH

**Note:** \* When **EMG** or **MG**  
events take place the local ride  
will include a booked Elevesnes  
venue, but not a specific pub for  
lunch, unless otherwise stated.

Date	Elevesnes	Lunch Destination
14-Jan	Langford (Museum of Power Café)	Maldon (Rose & Crown), 109 High Street, Maldon
21-Jan	Writtle (Lordship Tearooms)	Rettendon (BHN Garden Centre)
28-Jan	Hadleigh (Hub Café at Hadleigh Castle Country Park)	TBC
04-Feb	Chelmsford (BB's Coffee Shop)	Mill Green (The Viper)
11-Feb	Blackmore (Blackmore Tearooms)	Ongar (Two Brewers) for 9am and 9.30am rides.
<b>ALT</b>	<b>9am start</b> Birds Green (Fishing Lakes Café)	
18-Feb	Margaretting (Saddlery Café)	TBC
25-Feb	Maldon ('Resourceful' Barge Tearoom)	Goldhangar (The Chequers)
04-Mar	Writtle (Loubees Tearoom at Hanging Garden Nurseries)	Stondon Massey (Bricklayer's Arms)
11-Mar	Woodham Mortimer (Bunsay Down GC)	Broads Green (Walnut Tree), Bring own sandwiches for 9am and 9.30am rides
<b>ALT</b>	<b>9am start</b> Rayne (Booking Hall Café)	
18-Mar	Norton Heath (Transport Café)	Writtle (Rose & Crown)

### Sunday Rides (weather permitting in winter months)

Please remember to check the website ([www.essexcycling.co.uk](http://www.essexcycling.co.uk)) for any last  
minute changes to rides, including cancellation due to bad weather.

### Mid-week Rides (weather permitting in winter months)

Wednesday at 10am for 10.15am start from Rettendon (BHN Garden Centre) for  
an informal ride to either a café or pub for lunch. Destination decided on day.

## Colchester Informal Member Group – Runs List



**Contact:** Alan Palmer

☎ 01206 792929, mob 07939 395067 or

[alanpalmer@phonecoop.coop](mailto:alanpalmer@phonecoop.coop)

All rides meet Leisure World Container by Skatepark at 9:30am

More information on [www.colchestercycling.uk](http://www.colchestercycling.uk)

Date	11ses	Destination	Leader
Jan 14	Aldham	Bures, Eight Bells	TBC
Jan 21		Polstead, The Cock	TBC
Jan 28	Lawford Hearts Delight	Harwich, New Bell Inn	TBC
Feb 04		Goldhanger, The Chequers	TBC
Feb 11		Groton, Fox & Hounds	TBC
Feb 18		Stratford St Mary, Anchor	TBC
Feb 25		Heybridge Basin	TBC
Mar 04		Hadleigh, George	TBC
Mar 11		Earls Colne, Valley Golf Club	TBC

Please check the online runs-list ([www.colchestercycling.uk/runslist.html](http://www.colchestercycling.uk/runslist.html)) for the latest updates on destinations.

Since the Colchester CTC Informal Member Group has its roots in the “Cycle Champions”, bikes, helmets, etc. can be provided free of charge.

### Note:

Members are welcome to attend Bike Drinks, for all local cyclists, held on the 3<sup>rd</sup> Monday of the month, 8pm at “The New Inn”, Chappel St South (CO2 7AX).



The New Inn, Colchester



## **Member Groups' Reports – cont'd.**

**November 26th** - Six made it to a chilly alfresco elevenses at “Blackmore Tea Rooms”. Two then headed for home and with nobody wanting to carry on to High Roding the remaining four set off on a loopy ride home via Cooksmill Green. At Mill Green Wai's chain tried to eat her back wheel so we headed into “The Viper's” garden for some table-top surgery! All mended and the return journey carried on without further mishaps! **Dave Rowlands**

### **South East Essex Informal Member Group**

**Wed, 18<sup>th</sup> Oct** - Only Peter R and Paul H out and it's a mystery where they went!

**Wed, 25<sup>th</sup> Oct – Fyfield**, Graham R & Paul went to Fyfield for lunch.

**Wed, 1<sup>st</sup> Nov – Great Waltham**, Paul and Graham went to “The Beehive” pub, but were very disappointed with the sandwiches, which were overpriced and of poor quality.

**5<sup>th</sup> Nov – Ballards Gore**, Twelve left Wickford and headed for Rochford and “The Beehive Café”, where we met five more riders. Ten went onto “The Shepherd & Dog” pub for lunch.

**Wed, 8<sup>th</sup> Nov – Goldhanger**, Who remembers watching the sitcom *Last of the Summer Wine*? Our little group of adventurers comprised of Ian M



(Compo), Graham and Paul, who led us on a very enjoyable ride to the “Chequers Inn” in the picturesque village of Goldhanger. This 14<sup>th</sup> century inn retains many of its original features in its several rooms. We were made very welcome and the food was very good; and for the beer connoisseurs in the Sunday

group they've several ales to whet the whistle. This venue has been booked along with a visit to the 'Resourceful' “Barge Tearoom” in Maldon on 25<sup>th</sup> Feb 2018.

**12<sup>th</sup> Nov – Mill Green**, Fourteen left Wickford in two groups of seven led by Peter W, who went via Ingatestone, and my group, who went on a more direct route to Billericay. As we were approaching West Hanningfield, we met John S and Lynda C, who had ridden directly from SWF. Our eleventh destination was the “Café Deli 37” and whilst most choose this establishment five were tempted by the Wetherspoons “Blue Boar”, next door. Eight went onto lunch at “The Viper”.

**Wed, 15<sup>th</sup> Nov – Writtle**, Paul, Ian, Graham and Peter otherwise known as *The Monkees*<sup>TM</sup> ended up in the very small “Wheatsheaf” pub and although there was limited parking for the bikes, it did serve huffers - albeit smaller and cheaper than the ones available at “The Compasses” in Littleley Green. Jon C might have to have to eat two of them!

**19<sup>th</sup> Nov – West Hanningfield**, John S came to the start by car, as he was not riding and was collecting monies and menus for the SEG Christmas meal on 15<sup>th</sup> Dec. Peter W led a group of six and I had seven and although we went on different routes to begin with we met at Butts Green. Unfortunately, as his group overtook us, Mike C got left behind and then I had eight. We were literally cheek by jowl in the “River Café” in Chelmsford, as it's only a small venue, but it was very cosy. The only drawback is the hike to the toilets in the Meadows shopping centre. Seven went onto lunch at “The Three Compasses”, where we were joined by Lynda C, who had done her own ride.

**Wed, 22<sup>nd</sup> Nov – Great Warley**, Ian, Paul and Tony were led by Graham using his Garmin for navigation. Unfortunately, due to a malfunction we ended up taking a slightly different route out to the one intended. We survived a stretch of the A128 and enjoyed riding on a designated Quiet Lane to reach the “Thatchers Arms” for lunch. The return journey went via the B186 to North Ockendon, then Bulphan, Langdon Hills, Basildon, Bowers Gifford, Thundersley, Daws Heath and then home.

**Wed, 29<sup>th</sup> Nov – Runsell Green**, Only Graham and Paul out and they went to “The Anchor” for lunch.

**3<sup>rd</sup> Dec – Little Totham**, Graham R (newly appointed ride leader) led six of us via Brock Hill, Hoe Lane, Rettendon, Bicknacre, Woodham Walter and Beeleigh Abbey to the “Museum of Power” café. Upon arrival at 11.15am we met Colin D and Greg F, who had ridden directly from home. Steve G only stopped for cake and left early, as his pedal was playing up. Tony B offered to ride with Peter R in the direction of Wickford to ensure he didn't get lost. That left Ron S, Jon C, Graham R and Ian M to continue onto “The Swan”, where we found John S tucking into a sandwich (he'd come by car).

**Wed, 6<sup>th</sup> Dec – Mountnessing,** Tony, Paul, Ian, Peter and Graham otherwise known as the *Famous Five*<sup>TM</sup> paid a visit to the “Prince of Wales”, which was very much a traditional pub serving reasonably priced food, unlike some of the so called gastro ones, which charge an arm and a leg for a fish finger sandwich!

**10<sup>th</sup> Dec – It’s snow joke!** I’d taken the decision to cancel the ride earlier in the week, as weather warnings had been issued by the Met office. The Xmas meet still went ahead, but only three managed to get there by car!

**Wed, 13<sup>th</sup> Dec – Rawreth,** I was running a bit behind schedule this morning and so arrived at BHN a little after 10.15am, which is our new start time. Luckily my text message had been received and Graham, Paul, Peter and Mel M were still there, otherwise I’d have been riding all by myself (Is that a song title?). Graham led us out via East and West Hanningfield to Great Baddow, Galleywood, Stock and Wickford. It was nice to go down Brock Hill for a change, as we’re always riding up it on a Sunday and Mel left us here. We arrived at the “Carpenters Arms” at 12.40pm and met Tony who’d driven there. The Christmas meal was the unanimous choice of everyone and was very much enjoyed.

**17th Dec - Broads Green,** I left Shoeburyness this morning in very foggy and extremely cold conditions to cycle to Wickford. The main roads were clear and there was little traffic at 7.30am, but when I entered Daws Heath Road I encountered sheet ice and had to get off and push the bike. I decided in view of this fact and the denseness of the fog that all rides should be cancelled and texted those members, who I thought would be out. When I arrived at Wickford I found Graham R, Peter R and Paul H in the café, but after coffee and a chat we decided to return home. Paul very kindly drove me and Graham home with our bikes and I was able to contact the venues cancelling our visit, which they appreciated.

**Manchurian**

## **2017 David Doo Photographic Prize**

*by Martin Pipe*

This year, we are once again organising the *David Doo Photographic Competition* - named in honour of the late Chelmsford member, who was also a keen photographer. The competition is intended to be a fitting annual tribute to him.

Cycling and photography are complementary hobbies, as the frequent use of cameras on tours and Sunday rides amply demonstrates. Our beautiful countryside and the camaraderie of wheelmanship are natural photographic subjects.


The competition is open to all Essex CTC members and there is no entry fee. But entries are limited to one photograph per person.

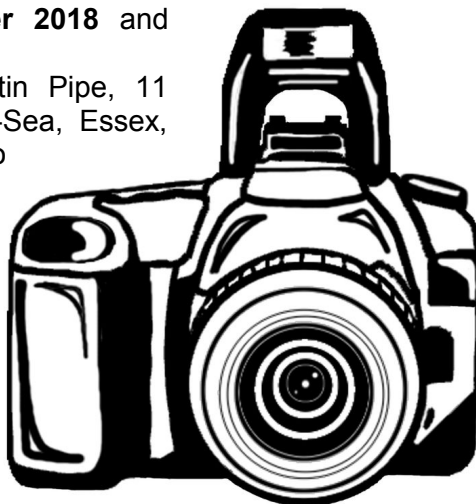
What you submit is entirely up to you - the competition brief is to celebrate cycling in any form. We'll publish the entries on the Essex Cycling website, and your efforts will be judged by impartial photographic professionals.

The winner, whose name will grace an Annual Challenge trophy, will be announced at the Essex CTC AGM in November. There are prizes for runner up and third place. The three winning photographs will be published on the cover of the Essex CTC 'Spotlight' magazine.

Photographs should be submitted digitally or can be hard copy and sized 7x5 or 6x4 inch.

Entries **open** on **1<sup>st</sup> September 2018** and **close** on **2<sup>nd</sup> October 2018**.

Please send your entry to Martin Pipe, 11 Ashburnham Road, Southend-on-Sea, Essex, SS1 1QB or by email to [m.pipe@blueyonder.co.uk](mailto:m.pipe@blueyonder.co.uk), by close of entry. 





## Honours List 2017



### Inter-Member Group Trophy

South East	326 points
Chelmsford City	240 points
Colchester	67 points
Havering	56 points

### Measor Trophy

(best Spotlight Member Group report; for quality and quantity of reports)

- Simon Brooks  
(Colchester IMG)  
"May 14<sup>th</sup> 2017 - Great Notley"  
(Jul/Aug 2017 issue, p.10)

### Best All Rounder Awards

- **The Beryl Russell B.A.R.**  
Diana Emery (CCIMG)
- **The Peter Moore B.A.R.**  
Jon Collins (SEG's IMG)

### Spotlight Trophy

(best Spotlight article)

- Steve Gregson  
(member of Essex CTC)  
"Back pocket notes: Japan"  
(March/April 2017 issue, p.24)

### Standard Award

Martin Cockersole (CC IMG)

### Dave Doo Photographic Competition

- 1st Place: (Perpetual Challenge Shield and small shield to keep)  
Graham Ross (SEG's IMG) - *Over the hills*
- Runner Up:  
Anni Gregson (Essex CTC MG) - *Praying Mantis Takes A ride*
- 3rd Place:  
Ken Rickwood (CC IMG) - *Snowy in New Forrest Autumn colour*

Paul Wenborne was the judge for the Dave Doo Photographic Competition

Martin Cockersole was chosen by the editor for the previous year to select the best Spotlight article and the best Member Group report.

Alan Palmer has agreed to select the best contributions in the year 2017/2018.

## **Isle of Wight Ride – September 5/6th**

*by Graham Ross*

Something I've been thinking about for too long. I decided to cycle around the island. B&B in Portsmouth by the harbour. After breakfast cycled to the ferry (about 200yds) then on to Fishbourne. Decided to cycle anti-clockwise. Tried to keep as close to the coast as practical. Slight panic in East Cowes, as the chain link ferry was out of action. A not very helpful Red Star lady said there was a small alternative ferry. Sorted. On to Yarmouth for tea and cake on the pier. One reason to go this way: there is a steep hill leading to Freshwater, which I had driven up many times, when I worked in Yarmouth 30 years ago. Managed it quite easily, shorter than I thought. Missed out the needles-as-it-was A-road. Around the south side I kept on the B-road, which was a little busy, but presumably not as busy as the coast road. Through Brighstone, Godshill, Brading. Went up the biggest, steepest hill on the island at Culver Down; then realised the track was unrideable, so went whizzing back down. Around to Bembridge, then Ryde and finally Fishbourne. The island is quite hilly, but nothing too desperate. Travelling by bike I saw more of the island than in 6 months of working there (if you can call windsurfing work). I fancy doing it again - next year possibly driving down early in the morning. 🚲



A rough overview found at:

<https://othautw.wordpress.com/walks/isle-of-wight-coast-path-2003/> (03/01/2018)



## **Southend Bach Choir**

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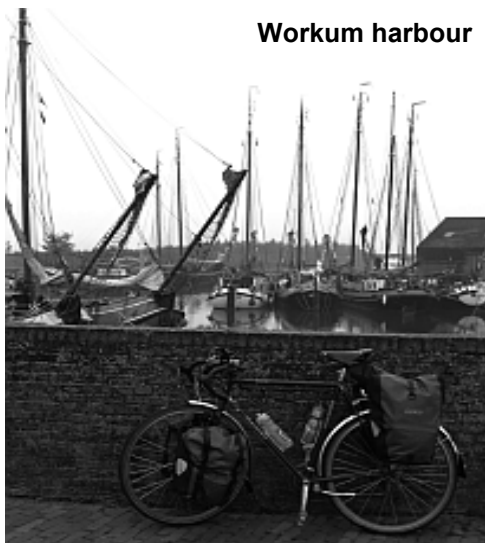
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## **Going Dutch: SEGs Late-Summer Cycling Tour, 2017 – cont'd <sup>\*)</sup>**

*By Martin Pipe*

From Makkum, we travelled on southbound country lanes not far from the IJsselmeer coastline. Our only company was the occasional tractor – land is farmed all the way to the coast, or the banks of rivers. It was quite cold and misty that morning, but the latter had cleared by the time we came across Workum – a delightful little harbour, hosting various barges and sailing craft – that was connected by canal to the IJsselmeer. At the time of our visit, one of these small ships seemed to be preparing for a school sailing-expedition. En route to another village on our route (Hindeloopen) we came across a memorial to a Lancaster bomber that had crashed nearby in 1943.



After enjoying coffee and cake in a smart riverside cafe in Hindeloopen (I was amazed to find it full of people chatting and laughing – not a single smartphone screen in sight!) and marvelling at the picturesque bridges that span a canal running through the town, we stopped off at a prominent church to find the graves of the airmen (mostly Canadian) who lost their lives in that Lancaster crash. We purchased food and drink at a nearby supermarket (including discounted bottles of fruity 'Bastaard' beer, which was refreshing and low in alcohol) for an impromptu picnic, before heading south-eastwards to Emmelord for a hot meal.

We managed to lose Brian en route, but the skyline of Emmelord – a rather nondescript town, built on land reclaimed from the IJsselmeer, with a centre that seems to have been modelled on Basildon – is dominated by an enormous water tower (the Poldertoren) that's adjacent to a bus station. Brian was duly texted, and we arranged to meet him by this unavoidable landmark before finding something to eat – a friendly burger-



and-chips outlet was all that could be found there (the parallels with Basildon evidently extend beyond the architecture and familiar retail brand-names). It was only 5pm, but we were still a good 25km from our digs for the night (Kampen) and didn't want to go hungry – as we had the previous evening.

It's just as well we took this opportunity to seize sustenance, as getting into Kampen – which, certainly for motorists, involves traversing an enormous bridge over the IJsselmeer-fed Ketelmeer river – ended up being more difficult than we expected, thanks to amongst other factors the rapidly-encroaching darkness. We found a poorly-lit path and an alternative route into the medieval city which, by the time of our arrival late on Wednesday evening, was lit up to stunning effect.



Our view was only enhanced by the reflections dancing on the IJssel river, the mouth of which is joined to the Ketelmeer. We could cycle across another bridge spanning this narrower river. A distinctive structure, the bridge has a

section that lifts up vertically to enable shipping to pass.

We sought the assistance of locals when locating our four-storey digs, which turned out to be in a terrace a short ride on cobbled roads away from the river. The rooms were full of character – vintage cash-registers still geared to guilders, paintings, stacks of egg boxes, scooters, dusty books stacked on numerous shelves, unusual decor and a Japanese-style modular bathroom – as was our landlady. Dating back 400 years, the quirky rooms were comfortable, but I suspect they could get very cold in winter. That, explained the landlady, was why an expensive central-heating system had recently been installed.

*continued next issue*

## Useful Website Links

Essex CTC Member Group	<a href="http://www.essexcycling.co.uk">www.essexcycling.co.uk</a>
Cyclists' Touring Club / Cycling UK	<a href="http://www.ctc.co.uk">www.ctc.co.uk</a> / <a href="http://www.cyclinguk.org">www.cyclinguk.org</a>
Chelmsford City Member Group	<a href="http://www.chelmsfordctc.co.uk">www.chelmsfordctc.co.uk</a>
Colchester informal Member Group	<a href="http://www.colchesterctc.co.uk">www.colchesterctc.co.uk</a>
Havering Member Group	<a href="http://www.ctchavering.btck.co.uk">www.ctchavering.btck.co.uk</a>
Cafés for Cyclists	<a href="http://www.lebidon.co.uk">www.lebidon.co.uk</a>
Yet Another Cycling Forum	<a href="http://yacf.co.uk">http://yacf.co.uk</a>
Bike-packing and cycle touring journeys	<a href="http://www.ridethebike.co.uk">www.ridethebike.co.uk</a>

## Advertisers' websites – past & present

(a to z)

Basildon Timber (Decking & Timber)	<a href="http://www.basildontimber.com">www.basildontimber.com</a>
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Cycle Cellar (Cycle Shop)	<a href="http://www.cyclecellar.co.uk">www.cyclecellar.co.uk</a>
Richardson Cycles (Cycle Shop)	<a href="http://www.richardsonscycles.co.uk">www.richardsonscycles.co.uk</a>
Southend Bach Choir (Choir)	<a href="http://www.southendbachchoir.org.uk">www.southendbachchoir.org.uk</a>
The Ingatestone Café (Café)	<a href="http://www.ingatestonesaddlery.co.uk">www.ingatestonesaddlery.co.uk</a>
The Cycle & Toy Centre (Cycle Shop)	<a href="http://www.thecyclecompany.co.uk">www.thecyclecompany.co.uk</a>

## Cover picture:



First Place at the Dave Doo Photographic Competition 2017

**Graham Ross (SEG's IMG)**

"Over the hills"

"Following the rules of the golden perspective the main focus is set on the back of the rider at the bottom right. As if in premonition, her look along the road winding up the hill is overshadowed by a cloud. The shadow on the hill is mirrored in the opening of a blue sky in the clouds above. This is a nice picture with a variety of contrasts."

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